

Change to operating hours from 1st May, 2021

Ocean Wave Medical will change opening hours from May to offer 6 day service only.

Monday to Friday 7.30am to 5.30pm
Saturday 8.00am to 1.00pm
Sunday and Public Holidays - CLOSED



change of
opening hours

Ocean Wave Medical has been selected as a Covid Vaccine Centre and will be offering vaccinations as they become available to eligible patients. Initially supplies will be very limited until further supplies become available to Australia, so patients are asked to be patient as this will be a long-term process to have everyone who wants to be vaccinated done this year. General Practice is offering Astra-Zeneca only.

For patients under 50 years the recommended vaccine will be Pfizer with supplies expected into Australia late year. We will update when we know further details of where you can go to receive the Pfizer vaccine.

PHASE 1B ELIGIBILITY – commenced in April 2021

Over 70 years of age
Health Care Workers
ABTSI over 55 years
Younger adults under 70 with underlying conditions, talk to your Dr to see if you qualify to be included in Phase 1B.
Critical & High Risk Workers – police, ambulance, fire, defence, meat workers



PHASE 2A ELIGIBILITY – expected to commence mid year

Adults over 50 years
Other Critical and high-risk workers

Visit website to find out when you are eligible

<https://www.health.gov.au/resources/publications/covid-19-vaccine-eligibility-checker>

2021 Flu Vaccinations

We need to also remember to have our annual flu vaccines this year.

Flu Vaccines for Government Funded and Private are now in stock.

Depending on if you are having a Covid Vaccine or when you are having it will depend on when you can have your flu vaccine.



PHASE 1B COVID ELIGIBLE	PHASE 2A PLUS COVID ELIGIBLE
COVID VACCINE 1	FLU VACCINE – PRIVATE SUPPLY
FLU VACCINE (14 day min after covid 1)	COVID VACCINE 1 (14 day min after Flu)
COVID VACCINE 2 (12 wks after covid 1)	COVID VACCINE 2 (12 weeks after Covid 1)

2021 Southern Hemisphere Influenza Vaccine contains:

- A/Victoria/2570/2019 (H1N1)pdm09-like virus
- A/Hong Kong/2671/2019 (H3N2)-like virus
- B/Washington/02/2019-like (B/Victoria lineage) virus
- B/Phuket/3073/2013-like (B-Yamagata lineage) virus

Criteria for Government Free Flu Vaccination are:

Category 1 Over 65 years of age

Category 2 Pregnant women

Category 3 ABTSI 6 Months & over

Category 4 Patients with a chronic condition

Category 5 Children aged 6months to under 5 years of age

If booking for flu vaccination, you must tell Receptionist so an appointment can also be booked with our Nursing Team.

WINTER SKIN CHECKS

During our cooler months is a good time to book in to have your annual SKIN CHECK, ready for the warm months ahead.



Book now for your annual SKIN CANCER CHECK with your regular doctor

Accepting NEW PATIENTS For SKIN CANCER CHECKS

\$115.00 with a Medicare rebate of \$75.05

(unless an aged pensioner over the age of 65 which will be bulk billed)

EARLY DETECTION OF SKIN CANCER

- It's important to be familiar with your skin and what is normal, so you can detect any abnormal changes.
- If you notice anything unusual such as any changes in the shape, colour or size of a spot, or the sudden appearance of a new spot, it is important to visit your GP as soon as possible.



ARE YOU DUE TO RENEW YOUR OVER 75years DRIVERS LICENCE?

When you are ready to book please book for your **Over 75's annual health check** if you have not had one in last 12 months, check with Reception.

This is a comprehensive yearly check that our Doctors attend at time of renewing your licence.

Remember you must take your drivers renewal form to your Optometrist for a eye check and have form completed before you come to see your Doctor for licence renewal.

Ocean Wave Medical has recently welcomed in 2021 two new female Doctors to our team

Dr Ann-Marie Baker - Dr Lorna Alakhoon

both are accepting new patients.

PUBLIC HOLIDAYS

ANZAC DAY WEEKEND - Closed Anzac Day Sunday 25th April and Anzac Public Holiday Monday 26th April

LABOUR DAY - Closed Labour Day Monday 3rd May

SHOW HOLIDAY - Closed show Holiday Friday 28th May

When we are closed

National Home Doctor – 13 24 75
MIIC, West Tce, Caloundra - Open 8am – 4pm Ph: 5436 8933
SCUH Sunshine Coast University Hospital – Ph:5202 0000

EMERGENCY 000

Book online 24/7 when we are closed

Services at Ocean Wave Medical

Clinical Psychologist – Cornelia Bam

Custom Denture Clinic - 54927422

QML Pathology - 54912973

Total Nutrition Dietetics – 0402225732

OCEAN WAVE WELLNESS CENTRE – 27 MAYES AVE

PHYSIOTHERAPIST Embody Movement Physio Suite 3 Ground Floor & Exercise Physio Suite 6 First floor. Monday to Friday, to book phone 53379853.

www.embodysmovement.com.au

PODIATRIST David Morgan Podiatry is open Tuesday to Thursday Ph 1300 288 365 to book. Suite 1 ground floor

ETERNAL YOUTH AUSTRALIA – Book on 34480408

www.eternalyouthaustralia.com.au Suite 2 ground floor

IMPACT AUDIOLOGY – DENDRA COLE

Wednesdays by appointment Ph 3289 5563 to book. www.impacthearing.com.au