



87 Bowman Road Caloundra

Ph 5491 9044

www.oceanwavemedical.com.au

OPEN 7 DAYS A WEEK

Merry Christmas and Happy New Year

The Doctors and Staff at Ocean Wave Medical wish all our valued patients a Merry Xmas and a wonderful 2016 ahead. Wishing everyone a safe holiday and happy and healthy 2016.

2015 was an amazing year for our Team with the move from Currimundi Medical Centre to our new purpose built premises here at OCEAN WAVE MEDICAL.

The opening of Ocean Wave Medical has allowed us to offer our Patients modern facilities with extra Consult Rooms meaning more Doctors and an extensive Treatment room with a full team of Nurses to support our patient's needs. **We now offer a 7 day service with extended hours, opening 7.30am till 6.30pm week nights and 8.30am to 4.30pm on Saturday and Sunday.**

With this move also came the opportunity to have Allied Health Practitioners operating here on site. We now offer **Physiotherapy with Rachel of Embody Physiotherapy, Podiatry with Danelle from Flying Feet Podiatry, Speech Therapy with Astrid from The Speech Therapy Centre, Dietitian Hannah from Sunshine Coast Dietetics** and on 13th January 2016 we will be welcoming **Cornelia Bam as a fulltime Psychologist** here at Ocean Wave Medical. **QML Pathology** also moved with us and is here Monday to Saturday in Suite 2. See back of the Newsletter for more about these Services here.

COUNCIL ROAD CHANGES

Council have advised during 7.30am to 9.30am and 2-4pm weekdays, there is **NO RIGHT TURN** into Mayes Avenue.

Please turn left into Fourth Avenue, near McDonalds, then left again to enter our garage or through to car park, driveway between Green Cross Vets and our undercover garage.



OCEAN WAVE MEDICAL

Xmas/New Year

Opening Hours

Xmas Day 25/12 - closed
 Boxing Day 26/12 - closed
 Sunday 27/12 - closed
 Monday 28/12 - closed
Re-open Tuesday 29/12
 Friday 1st January - closed
 Tuesday 26th January - closed

**After Hours Dr – 13 74 25
 Or Emergency 000**

Dr Amir Akram, Dr John Fogarty, Dr Alison Roper, Dr Tony Moor, Dr Deborah Vercoulen,
 Dr Christelle Greeff, Dr Geoff Broad and Dr Asimanogi O'Hagan

ALLIED HEALTH HERE AT OCEAN WAVE MEDICAL

PSYCHOLOGY

Cornelia Bam commences fulltime in January using Suite 3. Cornelia works and treats clients experiencing a variety of emotional, and/or behavioural problems including depression, anxiety, stress, panic attacks, trauma anger and aggression, obsessions and compulsions, sleep and sexual problems and relationship problems.

Therapy with Children, Adolescents and Adults who are experiencing psychological, emotional and/or behavioural problems. - Individual, Couple, Group Therapy as well as Marriage Counselling.

Pre-Natal as well as Post Natal situations.

Book with our Reception on 5491 9044

PHYSIOTHERAPY

Rachel Morgan-Varlow of Embody Physiotherapy available in Suite 5. BULK BILLING for all GPMP/EPC referrals, DVA and Workcover Clients.

Appts on 0401 263 516.

- Any musculoskeletal pain or injury, including neck, thoracic or low back pain, shoulder pain, knee and hip pain.
- loss of function from poor fitness or chronic disease
- loss of balance & sports injuries
- workplace injuries including repetitive strain injury
- post surgical rehabilitation and
- women's health including incontinence, pelvic pain and post-partum issues.

PODIATRY

Danelle Kenny of Flying Feet Podiatry is available in Suite 4. Her main interests are health ageing and chronic disease management, particularly in relation to people with Diabetes. She has worked in both public and private sections in clinical and management roles. She is passionate about maintaining quality of life, keeping people mobile and helping them remain comfortable on their feet through the life course. **Book appts on 1300 288 365**

SPEECH THERAPY

Astrid Van Der Laan from the Speech Therapy Centre is here every Thursday. Astrid is a certified member of Speech Pathology Australia.

**Are you concerned about your child's SPEECH, LANGUAGE or LITERACY skills?
Call Astrid on 0423 789 799.**

Children with an EPC/Care Plan referral or any other Medicare Scheme, can claim a considerable portion of their session fee through Medicare.

DIETITIAN

Hannah Robertson is a Chronic disease and Weight management expert from Sunshine Coast Dietetics available here in Suite 6. Hannah specialises in the management of clients with diabetes, heart disease, malnutrition and weight management. Hannah works with clients to develop individualised eating habits that fit their own lifestyle, as she does not believe in a one-size-fits-all approach. She provides clients with realistic advice that is sustainable long term to help them achieve their health related goals.



www.facebook.com/oceanwavemedical

QML OPEN AT OCEAN WAVE MEDICAL
M-F 8.30-4.30pm & Saturday 9am to 1pm.

